



The Pre-School Gazette

THE DIRECTOR'S CORNER

Welcome to the February Edition of the Pre-School Gazette. As always we hope this Edition finds you in good health.

February is Black History and Heart Health Month. Please take the time to recognize all of the great people from History, that have helped shape the world of today. Also, don't forget to take care of yourself and your heart. Learn about your risks for heart disease and stroke, and stay "Heart Healthy" for yourself and loved ones.

Staying Healthy for yourself and loved ones is very important. Practice a healthy active lifestyle and show your children how they can do the same. This time of year, we often see people getting sick frequently. It is important to remember to follow healthy precautions. If your child is experiencing a high temperature, vomiting, or diarrhea it is best to keep them home. This only helps confine the virus/bacteria and will help from others getting sick as well.

In our lives, it is important for us all to seek out balance, and experience joy. We're pulled in so many directions as parents. We, along with our children, can be overscheduled and stressed. My hope for this year is to stay grounded by working to make mindful choices, balancing family time and external commitments for myself and my children. I also want to make time to share in the simple joys of childhood. I invite you to work toward these ideas along with me in this new year. As Gretchen Rubin notes in her book *The Happiness Project*, "The days are long, but the years are short." I find this so true as a parent, especially, when my children were school age. Let's make the most of these days and work to make our hopes and dreams as parents come alive.

Reminders

Friday, February 14th, 2025 the individual classrooms will pass out Valentines. A list of students will be sent home with your child(ren). If you wish to bring a treat please be sure that you bring a store bought, individually wrapped treat that **does not have Peanuts.**

Note: Many children do not have school on, Monday February 17th, in observance of Presidents Day. OLT will be open.



Parents: Please remember to refrain from using your cell



3Rs Child Development Center

Volume 1, Issue 2

February, 2025

Welcome to all the new families who have joined the OLT family.



Inside this issue:

February Calendar & Scheduled Events	Pg 2
10 Things to make you dance	Pg 2
February Poem February Birthdays	Pg 3
Recipe	Pg 3
Student of the Month	Pg 3
Mothers' Poem	Pg 4

Calendar

Schedule of Events

- 02/01/25 - National Freedom Day
- 2/2/25 - Ground Hog Day
- 2/12/25 President, Abraham Lincoln's Birthday
- 2/14/25 - Valentines Day
- 2/17/24 - President's Day
- 2/22/24- President, George Washington's Birthday

February 2025 						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

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Valentines Day Party - 2/14

Check your child(ren)'s individual classroom for Valentines Day

Projects, Treats and Events.

Presidents' Day 2/17

Dental Health Month



10 Songs to Get Kids Moving and Dancing

With the weather not always in our favor, here are some songs and activities you can do in side and out, **Bunny Hop** by the Hollow Trees, **Happy** by Pharrell Williams, **Shake the Sillies Out** by Raffi, **We are The Dinosaurs** by Laurie Berkner Band, **Going on A Bear Hunt** by The Kibooners, **Tickle Monster**, **Bananas Unite**, **All Around The Kitchen**, by Dane Zanes, **Guacamole Boy** by Lucky Diaz and **The Family Jam Band**, **Shout Hurray** by Jim Cosgrove.

DID YOU KNOW?

Applesauce was the first food eaten in space by astronauts.

- Sea Lions have rhythm. They are the only animal able to clap to a beat.
- Some fish can cough
- Goats do not have circle pupils in their eyes they are rectangle

- Hippopotamus milk is pink
- Snails take the longest naps with some lasting 3 years
- Kangaroos can't walk backwards.



FEBRUARY POEM:

See the pretty snowflakes
Falling from the sky;
On the wall and housetops
Soft and thick they lie.

On the window ledges,
On the branches bare;
Now how fast they gather,
Filling all the air.

Look into the garden,
Where the grass was green;
Covered by the snowflakes,
Not a blade is seen.

Now the bare black bushes
All look soft and white,
Every twig is laden,
What a pretty sight!

FEBRUARY BIRTHDAYS

Happy Birthday

Happy Birthday to all who is
celebrating Birthdays this
month

Ivana 7th
Hudson 9th
Nash 20th



February recipe

Ants on a Log

Ingredients

Peanut Butter, Celery, Raisins, Pretzels

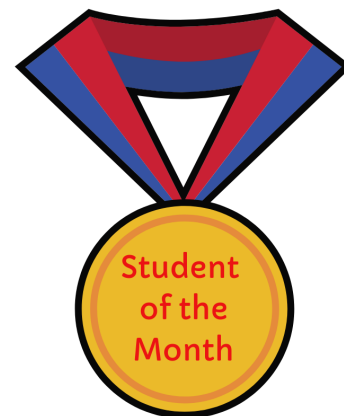
Cut celery put peanut butter on the celery and
then add the raisins and pretzels for antennas.

Now you have
Ants on a Log



Student OF THE MONTH

Hudson is the student of the month, Hudson is
in the Preschool class and is doing amazing
work





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Visit us on the Web!!

[www.
3rcdc.org](http://www.3rcdc.org)

Our Little Treasures Preschool Academy is a community-based child care center located in Jackson Tennessee.

Our mission is to provide child care in a safe, comfortable and clean environment with an educational program that relates to the traditional three R's.

3Rs /Our Little Treasure is a learning environment specific to each child's social, intellectual, cognitive and multicultural need. The center will be sensitive to every child's background and learning ab. 3R's strives to build self-esteem, character and will enhance reading, writing, and arithmetic using our own creative projects and curriculum.

Where learning is an adventure.



What makes you Happy in life?

People often think things like money or luxury lead to happiness, but research indicates some healthy practices may actually be the key. Simple experiences like spending time with friends and family or practicing gratitude may promote a healthier out look on life

HAPPY VALENTINE'S DAY TO MY MOM

Mom, I've got some friends

Of each and every kind,

But a better friend than my mother

I'll never, ever find!

I'm so happy you're my Mom!

I love you.

• **By Joanna Fushs**

Check out OLT Lending library, it is just like a regular library , your child will be given a library card to check out a book. For every book that your child check out will be logged and after to books, your child will be awarded a new book to keep.



THE
Greatest Gifts
Are
FAMILY & FRIENDS